



STAYING AT THE HOTEL ?
DIAL 3495

The Spa is open 7 days a week

Opening hours:
10:00 - 13:00
14:00 - 19:00



INFORMATION AND CONDITIONS

Payment must be made directly at the Spa.
Any cancellations must be made 24 hours in advance. In the absence of said cancellations, reserved treatments will be invoiced.
The massages provided are neither therapeutic nor medical.
The treatments and products purchased or received cannot be exchanged nor refunded.
Certain treatments and activities require that the recipient is in good health. All pregnancies must be reported.
The establishment declines any responsibility in the event of loss or theft inside the spa.



WELLNESS
DESTINATION



SPA LES JARDINS DE BEAUVAL
GIFT VOUCHERS

Treat your friends and family by offering them
a moment of well-being from our selection
of treatments and products.

HOTEL, RESTAURANT & SPA
LES JARDINS DE BEAUVAL

Route de Beauval
41 110 Saint-Aignan-sur-Cher
Phone : 02 54 75 74 95
spa@leshotelsdebeauval.com

[HOTELSBEAUVAL.COM/SPA-SOINS](https://hotelsbeauval.com/spa-soins)



AQUA-RELAXATION AREA

This place is dedicated to serenity,
ideal for recharging one's batteries:

ORANGE BLOSSOM SCENTED STEAM ROOM

Its humid heat (42°C) stimulates the elimination of toxins, firms your skin, and clears the airways allowing for immediate relaxation.

EUCALYPTUS SCENTED SAUNA

Its dry heat (65 °C) relieves muscle aches, and stimulates the heart and blood flow, giving a sense of both vitality and tranquillity.

HYDRO-MASSAGE BATH

During this session, cradled gently by air bubbles your body will relax, allowing the jets to relieve all your tensions. Hydro-massage has the advantage of relaxing both body and mind.

PRICE: HALF A DAY'S ACCESS / € 15

CARD FOR 10 ENTRIES: € 120

Reserved for people over 18 and in good health. Swimsuits and plastic flip-flops must be worn (swimming shorts and Bermuda shorts are not permitted).

OUR SIGNATURE TREATMENTS

JARDINS DE BEAUVAL CEREMONY

1 HR / € 70

Circuit of the aqua-relaxation area (steam room, sauna, hydro-massage bath), followed by a whole-body massage.

INDONESIAN CEREMONY

1 HR / € 90

Exfoliation of your choice followed by a Maori mango butter wrap. Nourishes, hydrates, and encourages cell regeneration. Prolongs tanning.

GOURMET-ZEN BREAK, AN AFTERNOON AT THE SPA

4 HRS / € 210

Aqua-relaxation area, body exfoliation, massage or body wrap, and facial massage treatment, followed by an aperitif platter at the hotel bar, accompanied by a cocktail of your choice.

MASSAGES

BACK MASSAGE

30 MIN / € 45

Stimulating or relaxing massage to release muscular tension.

LEG MASSAGE

30 MIN / € 45

Ayurvedic stimulating massage, acting on the energy circulation of the legs. Encourages lightness and vitality.

BODY MASSAGE

1 HR OR 1 HR 30 MINS / € 90 OR € 135

Movements taken from various massage techniques, such as Ayurvedic, Californian, Swedish, Oriental, Balinese or Lomi Lomi, for a totally personalised experience.

MOTHER-TO-BE COCOONING MASSAGE

1 HR / € 90

This relaxing and soothing massage, performed between the 4th and the 7th month of pregnancy, relieves tension and restores a feeling of lightness to the body, resulting in a moment of total serenity.

FACIAL TREATMENTS

'BUBBLE OF WELL-BEING' FACIAL TREATMENT

30 MIN / € 45

'Radiance boost' facial treatment adapted to your skin type.

'SUBLIME RADIANCE' FACIAL TREATMENT

1 HR / € 90

Facial treatment adapted to your skin type, combined with relaxing massage for the face, neck and trapezoids.

'KO BI DO' FACIAL TREATMENT

1 HR / € 90

A 'natural face lift' inspired by a Japanese ritual. A plumping 'anti-wrinkle' treatment using active relaxation techniques. Smooths out lines on the face and tones the neck.

COURSE OF 5 'KO BI DO' FACIAL TREATMENTS

€ 360 INSTEAD OF € 450

COURSE OF 10 'KO BI DO' FACIAL TREATMENTS

€ 720 INSTEAD OF € 900

EXFOLIATIONS

FINE BORA BORA SAND EXFOLIATION

30 MIN / € 45

Monoi and coconut scented exfoliation, inspired by a traditional Polynesian recipe.

HIMALAYAN SALT EXFOLIATION

30 MIN / € 45

Spice, amber, and sandalwood scented exfoliation, inspired by a traditional Ayurvedic recipe.

JAMU EXFOLIATION

30 MIN / € 45

Green tea, lemon, and ginger scented exfoliation, inspired by a traditional Indonesian recipe.



NATURAL LABORATORY GUIDELINES[®]

Selection of organic or natural ingredients

Without silicone
Without mineral oil
Without artificial colouring
Without palm oil
Tested under dermatological control
Not tested on animals
Without paraben nor phenoxyethanol